

# Re-Think



# the Drink.

## Alcohol Poisoning

What to look out for!

1. Person is unconscious or semi-conscious and cannot be awakened.
2. Cold, clammy, pale, or bluish skin
3. Slow or irregular breathing—less than 8 times per minute or 10 seconds or more between breaths.
4. Vomiting while “sleeping” or passed out, and not waking up after vomiting.

**If a person has any of these symptoms, they may be suffering from acute alcohol intoxication.**

### **Take Action:**

1. Call 911 for emergency assistance.  
If you live in the residence hall, contact a staff member.
2. Do not leave the person alone! Turn them on their side to prevent choking in case of vomiting.
3. The university community expects its members to call for medical help when needed. In fact, our Medical Amnesty and Good Samaritan procedures often prevent a disciplinary response for both the person in need and the caller.

**Help establish caring communities!**